



OCTOBER 2026 BREAKFAST MENU

Healthy • Nutritious • Kid-Friendly

FREE BREAKFAST
through NJ Child & Adult
Care Food Program (CACFP)

MILK NOTE: 1% or regular unflavored 6 oz. milk will be served. Children under 2½ will be served regular milk.

MONDAY

5 American Cheese on
Wheat Muffin
Fruit • Orange Juice 4 oz.
Milk 6 oz. (1%)

12 WW Soft Bagel w/ Cream
Cheese
Orange Juice 4 oz.
Milk 6 oz. (1%)

19 Mozzarella Cheese Stick
Graham Crackers 2 ea.
Orange Slice • Milk 6 oz.
(1%)

26 Puffed Wheat Crispy
Oats ½ c
Banana
Milk 6 oz. (1%)

TUESDAY

6 Corn Squares Cereal ½ c
Melon / Avail 4 oz.
Milk 6 oz. (1%)

13 Rice Krispy ½ c
Banana Fresh Fruit
Milk 6 oz. (1%)

20 Corn Squares Cereal
Orange Slices / Avail.
Milk 6 oz. (1%)

27 Corn Squares Cereal
Orange Slices / Avail.
Milk 6 oz. (1%)

WEDNESDAY

7 Mozzarella Cheese Stick
Graham Crackers 2 ea.
Orange Slice • Milk 6 oz.
(1%)

14 Corn Squares Cereal
Orange Slices / Avail.
Milk 6 oz. (1%)

21 American Cheese on
Wheat Muffin
Fruit • Orange Juice 4 oz.
Milk 6 oz. (1%)

28 American Cheese on
Wheat Muffin
Fruit • Orange Juice 4 oz.
Milk 6 oz. (1%)

THURSDAY

1 American Cheese on
Wheat Muffin
Fruit • Orange Juice 4 oz.
Milk 6 oz. (1%)

8 Rice Krispy ½ c
Banana Fresh Fruit
Milk 6 oz. (1%)

15 American Cheese on
Wheat Muffin
Fruit • Orange Juice 4 oz.
Milk 6 oz. (1%)

22 Cheerios Cereal ½ c
Banana / Avail 4 oz.
Milk 6 oz. (1%)

29 Corn Squares Cereal ½ c
Orange Juice 4 oz.
Milk 6 oz. (1%)

FRIDAY

2 Corn Squares Cereal ½ c
Melon / Avail 4 oz.
Milk 6 oz. (1%)

9 Corn Squares Cereal ½ c
Melon / Avail 4 oz.
Milk 6 oz. (1%)

16 Puffed Wheat Crispy
Oats ½ c
Banana
Milk 6 oz. (1%)

23 Corn Squares Cereal ½ c
Melon / Avail 4 oz.
Milk 6 oz. (1%)

30 Puffed Wheat Crispy
Oats ½ c
Banana
Milk 6 oz. (1%)

Small Blessings Child Care Center • 2815 Woodbridge Ave., Edison, NJ 08817 • (732) 452-9798

Children are a blessing! ♥

Menu items may change based on purveyor product availability.
Healthy Bytes LLC • 855 Hamilton St., Somerset, NJ 08873

This institution is an equal opportunity provider.
We participate with the New Jersey Child and Adult Care Food Program, providing completely FREE breakfast, lunch and snacks.