Small Blessings Child Care Center 2815 Woodbridge Ave. Edison, NJ 08817

(732) 452-9798
MONDAY
TUESDAY

Lunch Menu
WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk		1) Baked Macaroni and Cheeses ½ c, Steamed Carrots ½ c, Chilled or Fresh Fruit ¼ c	2) Honey Lemon Chicken 4 oz Wheat Bread 1ea. Mashed Potatoes ½ c Corn ½ c Fruit 4 oz Sliced Peaches VE: Veg-Burger	3) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich	
6) Meatless Monday - Baked Ziti ½ c, ½ c, Green Beans ½ c, Chilled Fruit Peaches ¼ c	7) Turkey and Cheese on Wheat Bread 1ea. sweet potato ½ c corn ½ c, Fruit 4 oz Apple Cheese on Wheat	8)Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c Chilled or Fresh Banana ¼ c VE: Veg-Burger	9) Chicken Nuggets 4 ea. Silver Dollar Fries ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	10) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich	
13) Meatless Mondays Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Apple DF: Turkey Sandwich	14)_Chicken Fingers 2 ea Tater Tots ½ c, Wheat Bread 1 ea. Peas & Carrots ½ c Fruit 4oz Apples VE Veg-Slider W/Cheese	15) Spaghetti W/Turkey Sauce 4 oz, Green Beans ½ c Fruit 4oz Apple Sauce VE: Without Meat	16) Baked Macaroni and Cheeses ½ c, Steamed Carrots ½ c, Chilled or Fresh Fruit Oranges ¼ c	17) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich	
20) Meatless Mondays Chess Stuffed Ravioli 1/2 c/Marinara Sauce Cucumber Slices ½ c Green Bean ½ c, Apple DF: Turkey Sandwich	21) Turkey and Cheese on Wheat Bread 1ea. sweet potato ½ c corn ½ c, Fruit 4 oz Apple. Cheese on Wheat	22) Fish Sticks (4 ea.) Silver \$ Fries ½ c, Wheat Bread 1 ea. Sweet Corn ½ c Chilled Fruit or Orange (4 oz.) VE: Veg-Burger	23) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Chilled or Fresh Fruit Banana ¼ c VE: Veg-Burger	24) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich	
SALUTING THE VETERANS MEMORIAL DAY	28) Chicken Nuggets 4ea. Broccoli ½ c Mashed Wheat Bread 1 ea. Potatoes ½ c, Fruit 4oz Fruit Cocktail ¼ c VE: Veg-Nugget	29) Spaghetti W/Turkey Sauce 4oz, Green Beans ½ c Fruit 4oz Apple Sauce VE: Without Meat	30) Honey Lemon Chicken 4 oz. Yellow Rice ½ c Peas & Carrots ½ c Fruit 4 oz Sliced Peaches VE: Veg-Burger	31) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich	

Asare's Den Restaurant & Caterers 855 Hamilton St. Somerset, NJ 08873

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

This institution is an equal opportunity provider. NOTE:

Menu items may change based on purveyor product availability. We participate with the New Jersey Child and Adult Care Food Program,

Providing completely FREE breakfast, lunch and snacks.