

Small Blessings Child Care Center

2815 Woodbridge Ave. Edison, NJ 08817

(732) 452-9798

Lunch Menu

October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% unflavored Milk will be served except infants	Turkey & Cheese 1 ½ oz. on Wheat Bread, American Vegetable Blend 1 c, Silver Dollar Potato Fries ½ c, Fruit Fresh ½ c, Avail. Milk 8oz. 1%	Macaroni ½ c 100% Jack& Cheddar Cheese ½ oz., Broccoli –Cauliflower Blend 1 c, Fruit Peaches, Avail. Milk 8 oz. 1%	Lettuce Salad w/Cucumber or Squash, Tomato, Croutons, Turkey & Cheese Tortilla Roll Up, Fruit Banana. Milk 8 oz. 1%	Bow Tie Pasta ½ c, Cubed Chicken Breast 2 oz. in Cream Sauce, Sweet Corn 1 c, Fruit Sliced Pears/ Avail. Milk 8 oz. 1% Sliced Wheat Bread
Chicken Alfredo, Tossed Garden Salad, Sliced Wheat Rolls Fruit Fresh ½ c, Avail. Milk 8 oz. 1% Wheat Bread or Sliced Roll	Chicken Patty 2 oz. on Enriched Roll slices, Tossed Salad Tomato, Lettuce Cucumber 1 c, Silver Dollar Potato Fries ½ c, Fruit Sliced Apple ½ c, /Avail. Milk 8oz 1%	Turkey oz. Spaghetti & Sauce ½ c, Broccoli & Cauliflower 1 c, Wheat Sliced Rolls or Bread, Fruit Sliced Apple ½ c, Avail. Milk 8oz 1%	Chicken 2 oz. with Sliced Apples ¼ c, Steamed White Rice ½ c, Green Beans 1 c, Fruit Orange 4 oz. Avail. Milk 8 oz. 1%	Turkey / Chicken Hot Dog 2 oz., Bun, Sweet Peas & Corn 1 c, Silver Dollar Fries, ½ c, Fresh Sliced Apple 4oz. Avail. Milk 8 oz. 1%
Chicken Parmesan 2 oz. w/ Red Sauce & Mozzarella Cheese ½ oz. Enriched Bun, Italian Blend 1 c oz. Vegetable 1 c, Fruit Plum ½ c, Avail. Milk 8 oz. 1%	Macaroni ½ c, 100% Jack& Cheddar & Mild Cheese ½ oz. Baked Chicken Drum Stick 1 ea. Green Beans 1 c, Fruit Peaches ½ c, Avail. Milk 8 oz. 1%	Oven Baked Chicken Nuggets 6 ea. American Vegetable Blend 1 c, Silver Dollar or Sweet Potato Fries ½ c, Fruit Banana ½ c. Avail. Milk 8 oz. 1%	Tri Color Spiral Pasta ¼ c w/Split Turkey Meatballs 2 oz. & Broccoli Florets 1 c, Grated Parmesan Cheese ½ oz. Fruit Pears / Avail. Milk 8 oz. 1%	Turkey 2 oz. & Cheese ½ oz. on Whole Wheat, Sweet Potato Fries ½ c, Glazed Carrots 1 c, Fruit ½ c, Avail. Milk 8oz. 1%
Quesadillas 1 Serv'g. W/Chicken 2 oz., Cheese ½ oz. & Apple, Tossed Salad W/Tomato & Cucumber 1 c, Fruit Sliced Pears, & Apples ½ c, Milk 8 oz. 1%	Chicken 2 oz. Stir Fry with Steamed Brown Rice ½, Oriental Blend Vegetables 1 c, Fresh Banana ½ c Avail. Sliced Wheat Bread Milk 8oz. 1%	Oven Baked Fish Sticks 6 ea. Peas & Carrots 1 c, Sweet Potato Fries, ½ c, Orange ½ c, Avail. Milk 8 oz. 1%	Baked Ziti ½ c W/100% Ricotta & Mozzarella Cheese ½ oz. Mixed Vegetables 1 c, Fruit Peach ½ c, Avail. Milk 8 oz. 1% Sliced Bread	Turkey Meatballs, with Spaghetti, Tossed Salad W/Tomato & Cucumber ½ c, Milk 8 oz. 1% Fruit Apples / Avail.
Wheels Pasta Alfredo with Cubed Chicken 4oz. Peas & Carrots, 1 c, Fresh Fruit ½ c, Avail. Milk 8oz 1%	Chicken Patty 2 oz. on Enriched Roll /Bun, Tossed Salad Tomato, Lettuce Cucumber 1 c, Fruit Sliced Pears ½ c, /Avail. Milk 8oz 1%	Turkey / Chicken Hot Dog 2 oz., Bun, Sweet Peas & Corn 1 c, Silver Dollar Fries, ½ c, Fresh Apple 4oz. Avail. Milk 8 oz. 1%	100% Ricotta Cheese Ravioli 6, Broccoli & Cauliflower Blend 1 c, Fruit Fresh Sliced Orange ½ c or Avail. Milk 8oz. 1%	

Allthingskidz Catering 855 Hamilton St. Somerset, NJ 08873

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase

your risk of foodborne illness, especially if you have certain medical conditions.

This institution is an equal opportunity provider.

NOTE: Menu items may change based on purveyor product availability.

We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.