


**Small Blessings Child Care Center**  
**2815 Woodbridge Ave. Edison, NJ 08817**

**(732) 452-9798**

**Lunch Menu**

**September 2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	3) Macaroni 100% Jack & Cheddar & Mild Cheese, – Cauliflower Blend, Fruit Peaches / Avail. Milk 6 oz. Wheat Bread	4) Turkey Hot Dog on Bun, Peas & Carrots ¼ c, Sweet Potato or Silver Dollar Fries, ¼ c, Sliced Orange / Avail. Milk 6 oz.	5) Steamed White Rice, Chicken Breast in Cream Sauce, Sweet Corn, Fruit Sliced Pears/ Avail. Milk 6 oz. Sliced Wheat Bread	6) Pizza, Mozzarella Cheese over Red Sauce, Tossed Salad W/Tomato & Cucumber, Milk 6 oz. Fruit Watermelon / Avail.
9) Turkey Meatballs & Mashed Potatoes, Broccoli Florets, Grated Parmesan Cheese, Fruit Pears / Avail. Milk 6 oz.	10) Oven Baked Chicken Nuggets 4 ea. American Vegetable Blend, Silver Dollar or Sweet Potato Fries. Fruit Banana / Avail. Milk 6 oz.	11) Turkey Meat Loaf with Gravy, Mashed Potatoes, Green Beans, Fruit / Available 4 oz. Milk 6 oz.	12). Chicken with Sliced Apples, Steamed White Rice ½ c, Green Peas 1 cup, Fruit Fresh/ Avail. Milk 6 oz.	13) Turkey Spaghetti & Sauce, Mixed Vegetables, Wheat Sliced Rolls or Bread, Fruit Sliced Apple / Avail. Milk 6oz
16) Quesadillas W/Chicken, Cheese & Apple, Tossed Salad W/Tomato & Cucumber; Fruit Sliced Pears & Apples, Milk 6 oz.	17) Wheat Rotini Pasta with Broccoli, Turkey Sausage, Grated Parmesan Cheese, Fruit Fresh / Avail. Milk 6 oz. Wheat Bread	18) Oven Baked Fish Sticks 4ea. Peas & Corn ¼ c, Sweet Potato or Silver Dollar Fries, ¼ c, Sliced Orange / Avail. Milk 6 oz.	19) Turkey & Cheese on Wheat Bread, American Cream of Tomato Soup, Fruit Fresh / Avail. Milk 6 oz.	20) Pizza, Mozzarella Cheese over Red Sauce, Tossed Salad W/Tomato & Cucumber, Milk 6 oz. Fruit Watermelon / Avail.
23) Burger and Fries Pot Pie, Honey Glazed Carrots, Fruit Fresh / Available, Milk 6oz.	24) 100% Ricotta Cheese 2oz. Ravioli ½ cup Red Sauce, Broccoli 1c, Sliced Wheat Rolls, Fresh Fruit/Avail.	25) Chicken Parmesan w/ Red Sauce & Mozzarella Cheese. on Enriched Bun, Italian Blend Vegetable, Fruit Plum/ Avail. Milk 6 oz.	26) Swedish Meatballs in Brown Sauce, Potato Pierogies, Green Beans, Fruit Sliced Apples / Available, Milk 6 oz.	27) Wheels Pasta Alfredo with Cubed Chicken 4oz. Peas & Carrots, ½ c, Fresh Fruit / Avail. 4 oz. Milk 6oz Sliced Wheat Bread
30) Chicken Spaghetti Casserole, Green Beans ¼ c, Fruit Fresh / Available, Milk 6 oz.				1% unflavored Milk will be served except infants

**Allthingskidz Catering** 855 Hamilton St. Somerset, NJ 08873

**Consuming raw or undercooked meat, poultry, seafood, shellfish, or**

**eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.**

**This institution is an equal**

**opportunity provider.**

**NOTE: Menu items may change based on purveyor product availability.**

**We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.**