


**Small Blessings Child Care Center**  
**2815 Woodbridge Ave. Edison, NJ 08817**  
**(732) 452-9798**

**Lunch Menu**

**May 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% unflavored Milk will be served except infants		(1) -Chicken Quesadilla (2 oz cheese) (2 triangles) -Romaine Salad w/Cucumber and Tomatoes (3/4 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(2) -Chicken Parmesan on WW Bun (1/2) -Italian Blend Vegetables -Applesauce -Low fat Milk (6 OZ)	(3) -Vegetable Lasagna (3/4 C) (2 oz cheese) -Steamed Broccoli (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)
(6) Baked Ziti (2 oz cheese) (1/2 c) (WW Pasta) -Green Beans (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(7) -Chicken Pasta Alfredo (1/2 c) -Steamed Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(8) -Cheeseburger on WW Bun (1) -Tator Tots (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(9) -Turkey Meatloaf (2 oz) w/Gravy -Mashed Potatoes -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(10) -Cheese Pizza (2 oz cheese) -Romaine Salad w/Cucumber and tomatoes (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)
(13) -Grilled Cheese (2 oz) on WW Bread (1) -Baked Beans (1/2 c) -Chilled or Fresh Fruit (1/2 c) -Low fat Milk (6 OZ)	(14) -Chicken Stir Fry (1/2 c) -Yellow Rice (1/2 c) -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 c) -Low fat Milk (6 OZ)	(15) -Chicken Nuggets (3 ea.) -Mashed Potatoes (1/4 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(16) -Baked Macaroni and Cheese (1/2 c) -Steamed Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(17) -Fish Sticks (2) -Sweet Potato Fries (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)
(20) -Cheeseburger Macaroni (1/2 c) -Green Beans (1/2 c) -Chilled Fruit (1/2 c) -Low fat Milk (6 OZ)	(21) -Turkey and Cheese on Wheat Bread (1/2) -Cream of Tomato Soup (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(22) -Turkey or Chicken Hot Dog on WW Bun (1) -Vegetarian Beans (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(23) -Turkey Meatloaf (2 oz) w/Gravy -Brown Rice (1/4 c) -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(24) -Cheese Pizza -Romaine Salad w/Cucumber and tomatoes (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)
(27)  SALUTING THE VETERANS MEMORIAL DAY	(28) -Chicken Nuggets (4 EA) -Sweet Potato Fries (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(29) -Fish Sticks (2) -Sweet Potato Fries (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Low fat Milk (6 OZ)	(30) -Grilled Cheese (2 oz) (1) -Cream of Tomato Soup -Applesauce (1/2 C) -Low fat Milk (6 OZ)	(31) -French Toast (1) -Turkey Sausage Links (2) -Chilled Pears (1/2 c) -Low fat Milk (6 OZ)

**Allthingskidz Catering**

855 Hamilton St. Somerset, NJ 08873

(732)246-7660

**Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.**

***This institution is an equal opportunity provider.***

**NOTE: Menu items may change based on purveyor product availability.**

**[We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.](#)**