


Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	(2) -Cheeseburger on WW Bun (1) -Tator Tots (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(3) -Chicken Quesadilla (2 triangles) -Romaine Salad w/Cucumber and Tomatoes (3/4 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(4) -Chicken Parmesan on WW Bun (1/2) -Italian Blend Vegetables -Applesauce -Milk (6 OZ)	(5) -Fish Sticks (2) -Sweet Potato Fries (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)
(8) Baked Ziti (1/2 c)(WW Pasta) -Green Beans (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(9) -Chicken Pasta Alfredo (1/2 c) -Steamed Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(10) -Chicken Nuggets (3 ea.) -Mashed Potatoes (1/4 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(11) -Turkey Meatloaf (2 oz) w/Gravy -Black Beans and Brown Rice -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(12) -Cheese Pizza -Romaine Salad w/Cucumber and tomatoes -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)
(15) -French Toast (1) -Turkey Sausage Links (2) -Chilled Pears (1/2 c) -Milk (6 OZ)	(16) -Chicken Stir Fry (1/2 c) -Yellow Rice (1/2 c) -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 c) -Milk (6 oz)	(17) -Turkey or Chicken Hot Dog on WW Bun (1) -Vegetarian Beans (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(18) -Baked Macaroni and Cheese (1/2 c) -Steamed Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(19) 
(22) -Grilled Cheese (1) -Cream of Tomato Soup -Applesauce (1/2 C) -Milk	(23) -Turkey and Cheese on Wheat Bread (1/2) -Cream of Tomato Soup (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(24) -Fish Sticks (2) -Sweet Potato Fries (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(25) -Turkey Meatloaf (2 oz) w/Gravy -Brown Rice (1/4 c) -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(26) -Cheese Pizza -Romaine Salad w/Cucumber and tomatoes -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)
(29) -Cheeseburger Macaroni (1/2 c) -Green Beans (1/2 c) -Chilled Fruit (1/2 c) -Milk (6 OZ)	(30) -Chicken Nuggets (4 EA) -Sweet Potato Fries (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)			1% unflavored Milk will be served except infants

Allthingskidz Catering 855 Hamilton St. Somerset, NJ 08873 (732)246-7660

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. This institution is an equal opportunity provider.

NOTE: Menu items may change based on purveyor product availability.

[We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.](#)