Small Blessings Child Care Center 2815 Woodbridge Ave. Edison, NJ 08817 **Lunch Menu**

(732) 452-9798

February, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% unflavored Milk will be served except infants				-Grilled Cheese (1) -Cucumber Salad (1/2 C) -Applesauce (1/2 C) -Milk
(4 -Vegetable Lasagna (3/4 C) -Steamed Broccoli (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(5 -Cheeseburger on WW Bun (1) -Tator Tots (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(6 -Chicken Quesadilla (2 triangles) -Romaine Salad w/Cucumber and Tomatoes (3/4 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(7 -Chicken Nuggets (3 ea.) -Mashed Potatoes (1/4 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(8 -Pizza Bagel on WW Bagel (half) -Romaine Salad w/Cucumber and tomatoes -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)
(11 Baked Ziti (1/2 c)(WW Pasta) -Romaine Salad w/Tomatoes and Cucumbers (3/4 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(12 -Fish Sticks (2) -Sweet Potato Fries (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(13 -Turkey Meatloaf (2 oz) w/Gravy -Black Beans and Brown Rice -Broccoli (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(14 -Chicken Pasta Alfredo (1/2 c) -Peas and Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(15 -Cheeseburger Macaroni (1/2 c) -Green Beans (1/2 c) -Chilled Pineapples (1/2 c) -Milk (6 OZ)
PRESIDENTS * D A Y *	(19 -Chicken Parmesan on WW Bun (1/2) -Italian Blend Vegetables -Applesauce -Milk (6 OZ)	(20 -Turkey or Chicken Hot Dog on WW Bun (1) -Vegetarian Beans (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(21 -Baked Macaroni and Cheese (1/2 c) -Steamed Carrots (1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(22 -French Toast (1) -Turkey Sausage Links (2) -Chilled Pears (1/2 c) -Milk (6 OZ)
(25 -Grilled Cheese (1) -Romaine Salad w/Tomatoes and Cucumbers (3/4 C) -Chilled Peaches (1/2 C) -Milk (6 OZ)	(26 -Chicken Nuggets (4 EA) -Sweet Potato Fries (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(27 -Turkey and Cheese on Wheat Bread (1/2) -Cream of Tomato Soup (1/2 C) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	(28 -Turkey Meatloaf (2 oz)w/Gravy -Brown Rice (1/4 c) -Broccoli(1/2 c) -Chilled or Fresh Fruit (1/2 C) -Milk (6 OZ)	

Allthingskidz Catering

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NOTE: Menu items may change based on purveyor product availability. Vegetarian options available upon request.