

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

October, 2017


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2) 100% Ricotta Cheese Ravioli ¼ c, Broccoli & Cauliflower Blend ½ c, Fruit Fresh Sliced Orange ½ c or Avail. Milk 6oz</p>	<p>3) Turkey & Cheese 1 ½ oz. on Wheat Bread ½ slice, American Vegetable Blend ½ c, Silver Dollar Potato Fries ¼ c, Fruit Fresh ¼ c, Avail. Milk 6 oz.</p>	<p>4) Macaroni ½ c 100% Jack & Cheddar Cheese ½ oz., Broccoli –Cauliflower Blend ½ c, Fruit Peaches ½ c, Avail. Milk 6 oz.</p>	<p>5) Oven Baked Fish Sticks 1-½ oz. Peas & Carrots ½ c, Sweet Potato Fries, ¼ c, Sliced Orange ½ c, Avail. Milk 6 oz.</p>	<p>6) Bow Tie Pasta ¼ c, Cubed Chicken Breast ½ oz. in Cream Sauce, Sweet Corn ½ c, Fruit Sliced Pears/ Avail. Milk 6 oz. Sliced Wheat Bread</p>
<p>9) Wheat Rotini Pasta ¼ c, with Broccoli ½ c, Turkey Sausage 1 ½ oz., Grated Parmesan Cheese ½ oz., Fruit Fresh ½ c, Avail. Milk 6 oz. Wheat Bread ½ slice</p>	<p>10) Chicken Patty ½ oz. on Enriched Roll ½ slice, Tossed Salad Tomato, Lettuce Cucumber ½ c, Silver Dollar Potato Fries ¼ c, Fruit Fresh ½ c, /Avail. Milk 6oz</p>	<p>11) Turkey ½ oz. Spaghetti & Sauce ¼ c, Broccoli & Cauliflower ½ c, Wheat Sliced Rolls or Bread ½ slice, Fruit Sliced Apple ½ c, Avail. Milk 6oz</p>	<p>12). Chicken ½ oz. With Sliced Apples ¼ c , Steamed White Rice ¼ c, Green Beans ½ c, Fruit Fresh ½ c , Avail. Milk 6 oz.</p>	<p>13) Pizza ¼ Serv'g, Mozzarella Cheese ½ oz. over Red Sauce, Tossed Salad W/Tomato & Cucumber ½ c, Milk 6 oz. Fruit Watermelon ½ c, Avail.</p>
<p>16) Chicken Parmesan ½ oz. w/ Red Sauce & Mozzarella Cheese ½ oz. Enriched Bun, Italian Blend ½ oz. Vegetable ½ c, Fruit Plum ½ c, Avail. Milk 6 oz.</p>	<p>17) Macaroni ½ c, 100% Jack & Cheddar & Mild Cheese ½ oz. Broccoli – Cauliflower Blend ½ c, Fruit Peaches ½ c, Avail. Milk 6 oz.</p>	<p>18) Oven Baked Chicken Nuggets 1 ½ oz. ea. American Vegetable Blend ½ c, Silver Dollar or Sweet Potato Fries ¼ c, Fruit Banana ½ c. Avail. Milk 6 oz.</p>	<p>19) Tri Color Spiral Pasta ¼ c w/Split Turkey Meatballs ½ oz. & Broccoli Florets ½ c, Grated Parmesan Cheese ½ oz. Fruit Pears / Avail. Milk 6 oz.</p>	<p>20) Turkey & Cheese 1 ½ oz. on Whole Wheat ½ slice, Sweet Potato Fries ¼ c, Glazed Carrots ½ c, Fruit Cocktail ½ c, Avail. Milk 6oz.</p>
<p>23) Quesadillas ½ Serv'g. W/Chicken ½ oz., Cheese ½ oz. & Apple, Tossed Salad W/Tomato & Cucumber ½ c, Fruit Sliced Pears, & Apples ½ c, Milk 6 oz.</p>	<p>24) Cheesy ½ oz. Pasta Bake w/Turkey ½ oz. (Sweet Pea & Corn ¼ c,) Fresh Fruit ½ c Avail. Sliced Wheat Bread ½ slice, Milk 6 oz.</p>	<p>25) Oven Baked Fish Sticks 1-½ oz. Peas & Carrots ½ c, Sweet Potato Fries, ¼ c, Sliced Orange ½ c, Avail. Milk 6 oz.</p>	<p>26) Baked Ziti ¼ c W/100% Ricotta & Mozzarella Cheese ½ oz. Mixed Vegetables ½ c, Fruit Peach ½ c, Avail. Milk 6 oz. Sliced Bread ½ slice</p>	<p>27) Pizza ¼ Serv'g, Mozzarella Cheese ½ oz. over Red Sauce, Tossed Salad W/Tomato & Cucumber ½ c, Milk 6 oz. Fruit Watermelon ½ c, Avail.</p>
<p>30) Wheels Pasta Alfredo with Cubed Chicken 4oz. Peas & Carrots, ½ c, Fresh Fruit ½ c, Avail. Milk 6oz</p>	<p>31) Chicken Patty ½ oz. on Enriched Roll ½ slice, Tossed Salad Tomato, Lettuce Cucumber ½ c, Silver Dollar Potato Fries ¼ c, Fruit Fresh ½ c, /Avail. Milk 6oz</p>			

Asare's Den Restaurant & Caterers 855 Hamilton Street, Somerset, NJ 08873

NOTE: Menu items may change based on purveyor product availability

[We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.](#)